



# “A LIFE IN GOD’S HANDS IS A LIFE IN GOOD HANDS”

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LUKE 23:46 BIBLE STUDY

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LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



- About three in the afternoon Jesus cried out in a loud voice, “*Eli, Eli, lema sabachthani?*” (which means “My God, my God, why have you forsaken me?”). (Mt 27:46, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



- When some of those standing there heard this, they said, “He’s calling **Elijah.**” (Mt 27:47, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



**1 My God, my God, why have you forsaken me?**

Why are you so far from saving me,  
so far from my cries of anguish?

**2 My God, I cry out by day, but you do not answer,  
by night, but I find no rest. (Ps 22:1-2, NIV)**





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



Hear me, my God, as I voice my **complaint**;  
protect my life from the threat of the enemy.  
(Ps 64:1, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



1 I cry aloud to the LORD [YHWH];

I lift up my voice to the LORD [YHWH] for mercy.

2 I pour out before him my **complaint**;

before him I tell my trouble.

(Ps 142:1-2, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



- 3 Yet you are enthroned as the Holy One;  
you are the one Israel praises.
- 4 In you our ancestors put their trust;  
they trusted and you delivered them.
- 5 To you they cried out and were saved;  
in you they trusted and were not put to shame.
- (Ps 22:3-5, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



6 But I am a worm and not a man,  
scorned by everyone, despised by the people.  
7 All who see me **mock me;**  
**they hurl insults, shaking their heads.**  
8 “He trusts in the **LORD [YHWH],**” they say,  
**“let the LORD [YHWH] rescue him.**  
Let him deliver him,  
since he delights in him.”  
(Ps 22:6-8, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



- 39 Those who passed by hurled **insults at him, shaking their heads** 40 and saying, “You who are going to destroy the temple and build it in three days, save yourself! Come down from the cross, if you are the Son of God!” 41 In the same way the chief priests, the teachers of the law and the elders **mocked** him.  
(Mt 27:39-41, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



- 42 “He saved others,” they said, “but he can’t save himself! He’s the king of Israel! Let him come down now from the cross, and we will believe in him. 43 He **trusts in God. Let God rescue him** now if he wants him, for he said, ‘I am the Son of God.’ ” 44 In the same way the **rebels** who were crucified with him **also heaped insults on him.**

(Mt 27:42-44, NIV; cf. Mk 15:29; Lk 23:35)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



- **One of the criminals who hung there hurled insults at him: “Aren’t you the Messiah? Save yourself and us!”** (Lk 23:39, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



9 Yet you brought me out of the womb;  
you made me **trust** in you, even at my mother's breast.

10 From birth I was cast on you;  
from my mother's womb you have been my God.

11 Do not be far from me,  
for trouble is near  
and there is no one to help.

(Ps 22:9-11, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE

- 12 Many bulls surround me;  
strong bulls of Bashan encircle me.
- 13 Roaring lions that tear their prey  
open their mouths wide against me.
- 14 I am **poured out like water**,  
and all my **bones are out of joint**.  
My heart has turned to wax;  
it has melted within me.
- 15 **My mouth is dried up like a potsherd**,  
and my **tongue sticks to the roof of my mouth**;  
you lay me in the dust of death. (Ps 22:12-15, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



- Later, knowing that everything had now been finished, and so that Scripture would be fulfilled, Jesus said, “**I am thirsty.**” (Jn 19:28, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



- 16 Dogs surround me,  
a **pack of villains encircles me;**  
they **pierce my hands and my feet.**
- 17 All my bones are on display;  
people stare and gloat over me.
- 18 **They divide my clothes among them**  
and **cast lots for my garment.** (Ps 22:16-18, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



23 When the soldiers crucified Jesus, they took his clothes, **dividing them into four shares**, one for each of them, with the undergarment remaining. This garment was seamless, woven in one piece from top to bottom.

24 “Let’s not tear it,” they said to one another. “Let’s **decide by lot** who will get it.”

This happened that the scripture might be fulfilled that said,

“They **divided my clothes** among them  
and **cast lots** for my garment.” [Ps 22:18]

(Jn 19:23-24, NIV; cf. Mt 27:35; Mk 15:25)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



19 But you, LORD [YHWH], do not be far from me.

You are my strength; come quickly to help me.

20 Deliver me from the sword,

my precious life from the power of the dogs.

21 Rescue me from the mouth of the lions;

save me from the horns of the wild oxen.

(Ps 22:19-21, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



22 I will declare your name to my people;  
in the assembly I will praise you.

23 You who fear the LORD [YHWH], praise him!  
All you descendants of Jacob, honor him!  
Revere him, all you descendants of Israel!

24 For he has **not despised** or **scorned** the suffering of the afflicted one;  
he has **not hidden his face from him** but has listened to his cry for help.  
(Ps 22:22-24, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



- 25 From you comes the theme of my praise in the great assembly;  
before those who fear you I will fulfill my vows.
- 26 The poor will eat and be satisfied;  
those who seek the LORD [YHWH] will praise him—  
may your hearts live forever! (Ps 22:25-26, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



27 All the ends of the earth

will remember and turn to the LORD [YHWH],  
and all the families of the nations  
will bow down before him,

28 for dominion belongs to the LORD [YHWH]  
and he rules over the nations. (Ps 22:27-28, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



- 29 All the rich of the earth will feast and worship;  
all who go down to the dust will kneel before him—  
those who cannot keep themselves alive.
- 30 Posterity will serve him;  
future generations will be told about the Lord.
- 31 They will proclaim his righteousness,  
declaring to a people yet unborn:  
**He has done it!** (Ps 22:29-31, NIV)





LUKE 23:46  
PSALM 22  
LAMENT TO PRAISE



- When he had received the drink, Jesus said, “**It is finished.**” ... (Jn 19:30a, NIV)





LUKE 23:46  
PSALM 31:5



- And crying out in a loud voice, Jesus said, "Father, into your hands I commit my spirit." Having said this, He exhaled His breath of life. (Lk 23:46, AT)





LUKE 23:46  
PSALM 31:5  
PRAYER BEFORE SLEEP



- Then he appeared to more than 500 of the brothers and sisters at once, most of whom **live to this day**, though **some have fallen asleep**. (1 Cor 15:6, AT)





LUKE 23:46  
PSALM 31:5  
PRAYER OF TRUST



Into **your hands** I commit my spirit;  
**deliver me, LORD [YHWH], my faithful God.**  
(Ps 31:5, NIV)





LUKE 23:46  
PSALM 31:5  
PRAYER OF TRUST



- And he said, “The Son of Man must suffer many things and be rejected by the elders, the chief priests and the teachers of the law, and he **must be killed and on the third day be raised to life.**” (Lk 9:22, NIV)





LUKE 23:46  
PSALM 31:5  
PRAYER OF TRUST



- 31 Jesus took the Twelve aside and told them, “We are going up to Jerusalem, and everything that is written by the prophets about the Son of Man will be fulfilled. 32 He will be delivered over to the Gentiles. They will **mock** him, **insult** him and **spit on** him; 33 they will **flog** him and **kill** him. **On the third day he will rise again.**” (Lk 18:31-33, NIV)





LUKE 23:46  
PSALM 31:5  
LIFE IN GOD'S HANDS

- “Why were you searching for me?” he asked. “Didn’t you know I had to be in my Father’s house?”  
(Lk 2:49, NIV)





LUKE 23:46  
PSALM 31:5  
LIFE IN GOD'S HANDS



- And he said unto them, How is it that ye sought me? wist ye not that I must be about my **Father's business?** (Lk 2:49, KJV)





LUKE 23:46  
PSALM 31:5  
LIFE IN GOD'S HANDS

- “Father, if you are willing, take this cup from me; yet **not my will, but yours** be done.” (Lk 22:42, NIV)

