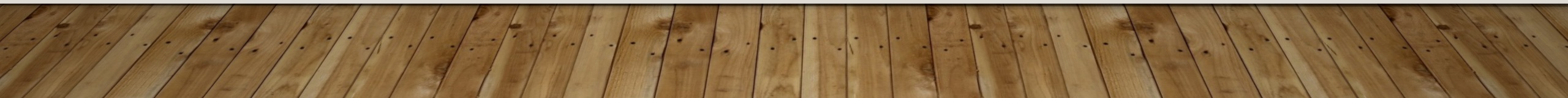




SABBATH: STOP SIGN OF THE COVENANT

EXODUS 20:8-11 BIBLE STUDY

DANNY SCOTTON, JR





EXODUS 20:8
REMEMBER



- Remember the Sabbath Day, to keep it holy.
(Ex 20:8, AT)



STOP

EXODUS 20:8 REMEMBER



STOP

- 5 Moreover, I have heard the groaning of the Israelites, whom the Egyptians are enslaving, and I have **remembered** my covenant.
- 6 “Therefore, say to the Israelites: ‘I am the LORD [YHWH], and I will bring you out from under the yoke of the Egyptians. I will free you from being slaves to them, and I will redeem you with an outstretched arm and with mighty acts of judgment. 7 I will take you as my own people, and I will be your God. Then you will know that I am the LORD [YHWH] your God, who brought you out from under the yoke of the Egyptians. 8 And **I will bring you to the land** I swore with uplifted hand to give to Abraham, to Isaac and to Jacob. **I will give it to you** as a possession. I am the LORD [YHWH].’ ” (Ex 6:5-8, NIV; cf. Ex 2:24)



EXODUS 20:8 REMEMBER



- 4 Then the LORD [YHWH] said to Moses, “I will **rain down bread from heaven** for you. The people are to go out each day and **gather enough for that day**. In this way I will test them and see whether they will follow my instructions. 5 On the **sixth day** they are to prepare what they bring in, and that is to be **twice as much** as they gather on the other days.” (Ex 16:4-5, NIV)



EXODUS 20:8
REMEMBER



- However, some of them paid no attention to Moses; they **kept part of it until morning**, but it was full of maggots and began to smell. So Moses was angry with them. (Ex 16:20, NIV)



EXODUS 20:8 REMEMBER



- 21 Each morning everyone **gathered as much as they needed**, and when the sun grew hot, it melted away. 22 On the **sixth** day, they **gathered twice as much**—two omers for each person—and the leaders of the community came and reported this to Moses. 23 He said to them, “This is what the LORD [YHWH] commanded: ‘Tomorrow is to be a day of **sabbath** rest, a **holy sabbath** to the LORD [YHWH]. So bake what you want to bake and boil what you want to boil. Save whatever is left and keep it until morning.’”
(Ex 16:21-23, NIV)



EXODUS 20:8 REMEMBER



- 24 So they saved it until morning, as Moses commanded, and **it did not stink or get maggots in it.** 25 “Eat it today,” Moses said, “because today is a **sabbath** to the LORD [YHWH]. You will not find any of it on the ground today. 26 **Six days you are to gather it, but on the seventh day, the Sabbath, there will not be any.**” (Ex 16:24-26, NIV)



STOP

EXODUS 20:8 REMEMBER



STOP

- **27 Nevertheless, some of the people went out on the seventh day to gather it, but they found none. 28 Then the LORD [YHWH] said to Moses, “How long will you refuse to keep my commands and my instructions? 29 Bear in mind that the LORD [YHWH] has given you the Sabbath; that is why on the sixth day he gives you bread for two days. Everyone is to stay where they are on the seventh day; no one is to go out.” 30 So the people rested on the seventh day. (Ex 16:27-30, NIV)**



EXODUS 20:8 REMEMBER TO STOP



“As long as the earth endures,
seedtime and harvest,
cold and heat,
summer and winter,
day and night
will never **cease**. [שַׁבַּת (*šābat*)]”

(Gen 8:22, NIV)



EXODUS 20:9-10 NO WORK



- 9 Six days you shall labor and do all your work, 10 but the seventh day is a Sabbath to the LORD [YHWH] your God. [On it,] you shall not do any work – neither you, nor your son or daughter, nor your male or female slave, nor your animals, nor any foreigner within your gates.
(Ex 20:9-10, AT)



EXODUS 20:11
SABBATH REST



- For in six days the LORD [YHWH] made the heavens and the earth, the seas and all that is in them. But He rested on the seventh day. Therefore, He blessed the Sabbath day and made it holy.

(Ex 20:11, AT)



EXODUS 20:11 SABBATH REST



- 2 By the seventh day God had **finished the work** he had been doing; so on the seventh day he **rested** [שָׁבַת | *šābat*] from all his work. 3 Then God blessed the seventh day and made it holy, because on it he **rested** [שָׁבַת | *šābat*] from all the **work of creating** that he had done. (Gen 2:2-3, NIV)



EXODUS 20:11 SABBATH REST

YOU NEED TO SLOW DOWN!

SPEED LIMIT: 35 **MPH: 40**

CHILD PARENT

DO AS I SAY

YOU SHOULD SLOW DOWN...

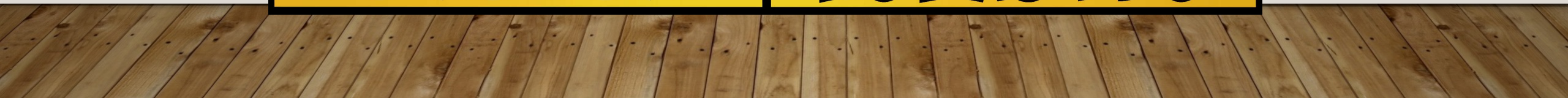
OH PLEASE, I'VE BEEN DRIVING FOR 40 YEARS.

MPH: 100

SPEED LIMIT: 60

NOT AS I DO

Joseph W. Lacey





EXODUS 20:11 SABBATH REST



- “Six days do your work, but on the seventh day do not work, so that your ox and your donkey may **rest**, and so that the slave born in your household and the foreigner living among you may be **refreshed**. (Ex 23:12, NIV)



EXODUS 20:11 SABBATH REST



- 12 “**Observe** the Sabbath day by keeping it holy, as the LORD [YHWH] your God has commanded you. 13 Six days you shall labor and do all your work, 14 but the seventh day is a sabbath to the LORD [YHWH] your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your ox, your donkey or any of your animals, nor any foreigner residing in your towns, so that your male and female servants may **rest**, as you do. 15 Remember that **you were slaves in Egypt** and that the **LORD [YHWH] your God brought you out** of there with a mighty hand and an outstretched arm. Therefore the LORD [YHWH] your God has commanded you to **observe** the Sabbath day. (Dt 5:12-15, NIV)



EXODUS 20:11 NEW EXODUS



- 28 About eight days after Jesus said this, he took Peter, John and James with him and went up onto a **mountain** to pray. 29 As he was praying, the appearance of his face changed, and his clothes became as bright as a flash of lightning. 30 Two men, **Moses** and Elijah, appeared in glorious splendor, talking with Jesus. 31 They spoke about his **departure** [ἔξοδος | *exhodos*], which he was about to bring to fulfillment at Jerusalem. (Lk 9:28-31, NIV)



EXODUS 20:11
SIGN OF THE
OLD COVENANT



- 12 Then the LORD [YHWH] said to Moses, 13 “Say to the Israelites, ‘You must observe my Sabbaths. This will be a **sign** between me and you for the generations to come, so you may know that I am the LORD [YHWH], who makes you holy. (Ex 31:12-13, NIV)



EXODUS 20:11 SIGN OF THE OLD COVENANT



- 14 “ ‘Observe the Sabbath, because it is holy to you. Anyone who desecrates it is to be **put to death**; those who do any work on that day must be **cut off from their people**. 15 For six days work is to be done, but the seventh day is a day of sabbath rest, holy to the LORD [YHWH]. Whoever does any work on the Sabbath day is to be **put to death**. 16 The Israelites are to observe the Sabbath, celebrating it for the generations to come as a lasting covenant. 17 It will be a **sign between me and the Israelites forever**, for in six days the LORD [YHWH] made the heavens and the earth, and on the seventh day he **rested** [שָׁבַת] (*šābat*) and was refreshed.’ ” (Ex 31:14-17, NIV)



EXODUS 20:11
BREAKING SABBATH



- Bear in mind that the LORD [YHWH] has given you the Sabbath; that is why on the sixth day he gives you bread for two days. Everyone is to **stay where they are on the seventh day; no one is to go out.**” (Ex 16:29, NIV)



EXODUS 20:11
BREAKING SABBATH



- “Six days you shall labor, but on the **seventh day you shall rest**; even during the **plowing** season and **harvest** you must **rest**. (Ex 34:21, NIV)



EXODUS 20:11
BREAKING SABBATH



- 2 For six days, work is to be done, but the **seventh day** shall be **your holy day**, a day of **sabbath rest** to the LORD [YHWH]. Whoever does any work on it is to be **put to death**. 3 **Do not light a fire** in any of your dwellings on the Sabbath day.”
(Ex 35:2-3, NIV)



EXODUS 20:11 BREAKING SABBATH



- 32 While the Israelites were in the wilderness, a man was found **gathering wood on the Sabbath day**. 33 Those who found him **gathering wood** brought him to Moses and Aaron and the whole assembly, 34 and they kept him in custody, because it was not clear what should be done to him. 35 Then the LORD [YHWH] said to Moses, “**The man must die. The whole assembly must stone him outside the camp.**” 36 So the assembly took him outside the camp and **stoned him to death**, as the LORD [YHWH] commanded Moses. (Num 15:32-36, NIV)



EXODUS 20:11 BREAKING SABBATH



- 15 In those days I saw people in Judah treading winepresses **on the Sabbath** and bringing in grain and loading it on donkeys, together with wine, grapes, figs and all other kinds of loads. And they were bringing all this into Jerusalem **on the Sabbath**. Therefore I warned them against selling food on that day. 16 People from Tyre who lived in Jerusalem were bringing in fish and all kinds of merchandise and selling them in Jerusalem **on the Sabbath** to the people of Judah. 17 I rebuked the nobles of Judah and said to them, “What is this wicked thing you are doing—**desecrating the Sabbath day?** 18 Didn’t your ancestors do the same things, so that **our God brought all this calamity on us and on this city?** Now you are stirring up more wrath against Israel by **desecrating the Sabbath.**” (Neh 13:15-18, NIV)



EXODUS 20:11 BREAKING SABBATH



- 19 When evening shadows fell on the gates of Jerusalem before the Sabbath, I ordered the **doors to be shut and not opened until the Sabbath was over.** I **stationed some of my own men at the gates** so that no load could be brought in on the Sabbath day. 20 Once or twice the **merchants and sellers of all kinds of goods spent the night outside Jerusalem.** 21 But I warned them and said, “Why do you spend the night by the wall? If you do this again, I will arrest you.” From that time on they no longer came on the Sabbath. (Neh 13:19-21, NIV)



EXODUS 20:11
BREAKING SABBATH



- 21 This is what the LORD [YHWH] says: Be careful **not to carry a load on the Sabbath day or bring it through the gates of Jerusalem.** 22 **Do not bring a load out of your houses** or do any work on the Sabbath, but **keep the Sabbath day holy**, as I commanded your ancestors. (Jer 17:21-22, NIV)



EXODUS 20:11
BREAKING SABBATH



- But if you do not obey me to keep the Sabbath day holy by not carrying any load as you come through the gates of Jerusalem on the Sabbath day, then I will **kindle an unquenchable fire in the gates of Jerusalem that will consume her fortresses.**’ ” (Jer 17:27, NIV)



EXODUS 20:11 BREAKING SABBATH



- **A** The generative categories of acts of labor [prohibited on the Sabbath] are forty less one: **B** (1) he who sews, (2) ploughs, (3) **reaps**, (4) binds sheaves, (5) threshes, (6) winnows, (7) selects [fit from unfit produce or crops], (8) grinds, (9) sifts, (10) kneads, (11) bakes; **C** (12) he who shears wool, (13) washes it, (14) beats it, (15) dyes it; **D** (16) spins, (17) weaves, **E** (18) makes two loops, (19) weaves two threads, (20) separates two threads; **F** (21) ties, (22) unties, **G** (23) sews two stitches, (24) tears in order to sew two stitches;



EXODUS 20:11 BREAKING SABBATH



- **H** (25) he who traps a deer, (26) slaughters it, (27) flays it, (28) salts it, (29) cures its hide, (30) scrapes it, and (31) cuts it up; **I** (32) he who writes two letters, (33) erases two letters in order to write two letters; **J** (34) he who builds, (35) tears down; **K** (36) he who puts out a fire, (37) kindles a fire; **L** (38) he who hits with a hammer; (39) he who transports an object from one domain to another— **M** lo, these are the forty generative acts of labor less one. (*m. Shabb. 7:2*)



EXODUS 20:11
BREAKING SABBATH



- 27 And He said to them, "The Sabbath was made for the sake of man, not man for the sake of the Sabbath. 28 Therefore, the Son of Man is **Lord even of the Sabbath.**" (Mk 2:27-28, AT)



EXODUS 20:11 TRUE SABBATH REST



- 17 Remember what the Amalekites did to you along the way when you came out of Egypt. 18 When you were weary and worn out, they met you on your journey and attacked all who were lagging behind; they had no fear of God. 19 When the LORD [YHWH] your God gives you **rest from all the enemies around you in the land he is giving you** to possess as an inheritance, you shall blot out the name of **Amalek** from under heaven. **Do not forget!** (Dt 25:17-19, NIV)



EXODUS 20:11 TRUE SABBATH REST



- 27 They gave Moses this account: “We went into the land to which you sent us, and it does flow with milk and honey! Here is its fruit. 28 But the people who live there are powerful, and the cities are fortified and very large. We even saw descendants of Anak there. 29 The **Amalekites** live in the Negev; the Hittites, Jebusites and Amorites live in the hill country; and the Canaanites live near the sea and along the Jordan.”
(Num 13:27-29, NIV)



EXODUS 20:11 TRUE SABBATH REST



- 30 Then Caleb silenced the people before Moses and said, “We should go up and take possession of the land, for we can certainly do it.”
- 31 But the men who had gone up with him said, “We **can’t attack** those people; **they are stronger than we are.**” 32 And they spread among the Israelites a bad report about the land they had explored. They said, “The land we explored devours those living in it. All the people we saw there are of **great size.** (Num 13:30-32, NIV)



EXODUS 20:11 TRUE SABBATH REST



- 1 That night all the members of the community raised their voices and wept aloud. 2 **All the Israelites grumbled against Moses and Aaron**, and the whole assembly said to them, “If only we had died in Egypt! Or in this wilderness! 3 Why is the LORD [YHWH] bringing us to this land only to let us fall by the sword? Our wives and children will be taken as plunder. Wouldn’t it be better for us to **go back to Egypt?**” 4 And they said to each other, “We should choose a leader and **go back to Egypt.**”

(Num 14:1-4, NIV)



EXODUS 20:11
TRUE SABBATH REST



- And he called the place **Massah** and **Meribah** because the Israelites quarreled and because they **tested** the LORD [YHWH] saying, “Is the LORD [YHWH] among us or not?”
(Ex 17:7, NIV)



EXODUS 20:11 TRUE SABBATH REST



- 5 Then Moses and Aaron fell facedown in front of the whole Israelite assembly gathered there. 6 **Joshua son of Nun** and **Caleb son of Jephunneh**, who were among those who had explored the land, tore their clothes 7 and said to the entire Israelite assembly, “The land we passed through and explored is exceedingly good. 8 If the LORD [YHWH] is pleased with us, he will lead us into that land, a land flowing with milk and honey, and will give it to us. 9 **Only do not rebel against the LORD [YHWH]**. And do not be afraid of the people of the land, because we will devour them. Their protection is gone, but the LORD [YHWH] is with us. Do not be afraid of them.” (Num 14:5-9, NIV)



EXODUS 20:11 TRUE SABBATH REST



- 10 But the whole assembly talked about **stoning them**. Then the glory of the LORD [YHWH] appeared at the tent of meeting to all the Israelites. 11 The LORD [YHWH] said to Moses, “How long will these people treat me with contempt? How long will they **refuse to believe in me, in spite of all the signs I have performed among them?** (Num 14:10-11, NIV)



EXODUS 20:11
TRUE SABBATH REST



- **“Remember** the command that Moses the servant of the LORD [YHWH] gave you after he said, ‘The LORD [YHWH] your God will give you **rest** by giving you this land.’
(Jos 1:13, NIV)



EXODUS 20:11 TRUE SABBATH REST



- 1 After a long time had passed and the LORD [YHWH] had **given Israel rest from all their enemies** around them, Joshua, by then a very old man, 2 summoned all Israel—their elders, leaders, judges and officials—and said to them: “I am very old. 3 You yourselves have seen everything the LORD [YHWH] your God has done to all these nations for your sake; it was **the LORD [YHWH] your God who fought for you.** (Jos 23:1-3, NIV)



EXODUS 20:11 TRUE SABBATH REST



6 Come, let us bow down in worship,
let us kneel before the LORD [YHWH] our Maker;
7 for he is our God
and we are the people of his pasture,
the flock under his care.

(Ps 95:6-7abc, NIV)



EXODUS 20:11 TRUE SABBATH REST



Today, if only you would hear his voice,
8 “Do not harden your hearts as you did at **Meribah**,
as you did that day at **Massah** in the wilderness,
9 where your ancestors **tested** me;
they tried me, though they had seen what I did.
10 For **forty years** I was **angry with that generation**;
I said, ‘They are a people whose hearts go astray,
and they have not known my ways.’
11 So I declared on oath in my anger,
‘They shall **never enter my rest.**’ ” (Ps 95:7d-11, NIV; cf. Heb 3:7-11)



EXODUS 20:11
TRUE SABBATH REST



- 1 Therefore, since the **promise of entering his rest still stands**, let us be careful that none of you be found to have fallen short of it. 2 For we also have had the **good news** proclaimed to us, just as they did; but the message they heard was of no value to them, because they did **not share the faith of those who obeyed**. (Heb 4:1-2, NIV)



EXODUS 20:11 TRUE SABBATH REST



3 Now **we who have believed enter that rest**, just as God has said,

“So I declared on oath in my anger,

‘They shall **never enter my rest.**’ ” [Ps 95:11]

And yet his **works have been finished since the creation of the world.** 4 For somewhere he has spoken about the seventh day in these words: “On the **seventh** day God rested from all his works.” 5 And again in the passage above he says, “They shall never enter my rest.” (Heb 4:3-5, NIV)



EXODUS 20:11 TRUE SABBATH REST



6 Therefore since it still remains for some to enter that rest, and since those who formerly had the good news proclaimed to them did not go in **because of their disobedience**, 7 God again set a certain day, calling it “**Today**.” This he did when a **long time later** he spoke through David, as in the passage already quoted:

“**Today**, if you hear his voice,
do not harden your hearts.”

8 For if Joshua had given them **rest**, God would not have spoken later about **another day**. (Heb 4:6-8, NIV)



EXODUS 20:11
TRUE SABBATH REST



- 9 There remains, then, a **Sabbath-rest for the people of God**; 10 for anyone who enters God's rest also rests from their works, just as God did from his. 11 Let us, therefore, **make every effort to enter that rest**, so that no one will perish by following their example of **disobedience**. (Heb 4:9-11, NIV)



EXODUS 20:11
TRUE SABBATH REST



- 28 “Come to me, all you who are weary and burdened, and I will give you **rest**. 29 Take **my yoke** upon you and **learn from me**, for I am gentle and humble in heart, and you will find **rest for your souls**. 30 For my yoke is easy and my burden is light.” (Mt 11:28-30)



EXODUS 20:11
TRUE SABBATH REST



- 1 At that time Jesus went through the **grainfields on the Sabbath**. His disciples were hungry and began to **pick some heads of grain and eat them**. 2 When the Pharisees saw this, they said to him, “Look! Your disciples are doing what is **unlawful on the Sabbath**.”
(Mt 12:1-2, NIV)



EXODUS 20:11
TRUE SABBATH REST



- 16 Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a **Sabbath day**. 17 These are a **shadow** of the things that **were to come**; the **reality**, however, is **found in Christ**. (Col 2:16-17, NIV)