



Psalm 121:1-4 NIV

- 1 I lift up my eyes to the mountains—where does my help come from?
- 2 My help comes from the LORD, the Maker of heaven and earth.
- 3 He will not let your foot slip he who watches over you will not slumber;
- 4 indeed, he who watches over Israel will neither slumber nor sleep.





Psalm 121:5-8 NIV

- 5 The LORD watches over you—
 the LORD is your shade at your right hand;
- 6 the sun will not harm you by day, nor the moon by night.
- 7 The LORD will keep you from all harm—he will watch over your life;
- 8 the LORD will watch over your coming and going both now and forevermore.



I. To See That Our Help is Constant Psalm 121:1-4 NIV



- 1 I lift up my eyes to the mountains—where does my help come from?
- 2 My help comes from the LORD, the Maker of heaven and earth.
- 3 He will not let your foot slip he who watches over you will not slumber;
- 4 indeed, he who watches over Israel will neither slumber nor sleep.



I. To See That Our Help is Constant Hebrews 13:8 NIV



Jesus Christ is the same yesterday and today and forever.



I. To See That Our Help is Constant Romans 8:35 NIV



Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword?



II. To See That Our Help is Close Psalm 121:5-6 NIV



5 The LORD watches over you—the LORD is your shade at your right hand;6 the sun will not harm you by day,nor the moon by night.



II. To See That Our Help is Close Proverbs 18:24 NIV



One who has unreliable friends soon comes to ruin, but there is a friend who sticks closer than a brother.



II. To See That Our Help is Close 2 Timothy 1:7 NIV



For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.



III. To See That Our Help is Continuous Psalm 121:7-8 NIV



- 7 The LORD will keep you from all harm—he will watch over your life;
- 8 the LORD will watch over your coming and going both now and forevermore.



III. To See That Our Help is Continuous Psalm 23:4 NIV



Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.