



1 Samuel 22:1-2 NIV

1 David left Gath and escaped to the cave of Adullam. When his brothers and his father's household heard about it, they went down to him there. 2 All those who were in distress or in debt or discontented gathered around him, and he became their commander. About four hundred men were with him.



1 Samuel 16:11-13 NIV

11 So he asked Jesse, “Are these all the sons you have?”

“There is still the youngest,” Jesse answered. “He is tending the sheep.”

Samuel said, “Send for him; we will not sit down until he arrives.”

12 So he sent for him and had him brought in. He was glowing with health and had a fine appearance and handsome features.

Then the LORD said, “Rise and anoint him; this is the one.”

13 So Samuel took the horn of oil and anointed him in the presence of his brothers, and from that day on the Spirit of the LORD came powerfully upon David. Samuel then went to Ramah.



1 Samuel 16:21-23 NIV

21 David came to Saul and entered his service. Saul liked him very much, and David became one of his armor-bearers. 22 Then Saul sent word to Jesse, saying, “Allow David to remain in my service, for I am pleased with him.”

23 Whenever the spirit from God came on Saul, David would take up his lyre and play. Then relief would come to Saul; he would feel better, and the evil spirit would leave him.



1 Samuel 17:50-51 NIV

50 So David triumphed over the Philistine with a sling and a stone; without a sword in his hand he struck down the Philistine and killed him.

51 David ran and stood over him. He took hold of the Philistine's sword and drew it from the sheath. After he killed him, he cut off his head with the sword.

Previous Scripture: 1 Samuel 16:21-23;

1 Samuel 16:11-13; 1 Samuel 22:1-2



1 Samuel 18:6-9 NIV

6 When the men were returning home after David had killed the Philistine, the women came out from all the towns of Israel to meet King Saul with singing and dancing, with joyful songs and with timbrels and lyres. 7 As they danced, they sang:

“Saul has slain his thousands,
and David his tens of thousands.”

8 Saul was very angry; this refrain displeased him greatly. “They have credited David with tens of thousands,” he thought, “but me with only thousands. What more can he get but the kingdom?” 9 And from that time on Saul kept a close eye on David.

Previous Scripture: 1 Samuel 17:50-51;

1 Samuel 16:21-23; 1 Samuel 16:11-13



1 Samuel 21:12-15 NIV

12 David took these words to heart and was very much afraid of Achish king of Gath. 13 So he pretended to be insane in their presence; and while he was in their hands he acted like a madman, making marks on the doors of the gate and letting saliva run down his beard.

14 Achish said to his servants, “Look at the man! He is insane! Why bring him to me? 15 Am I so short of madmen that you have to bring this fellow here to carry on like this in front of me? Must this man come into my house?”



I. To Come Clean With God
1 Samuel 22:1a NIV

David left Gath and escaped to the cave of
Adullam.



I. To Come Clean With God

Psalm 142:1-4 NIV

A maskil of David. When he was in the cave. A prayer.

1 I cry aloud to the LORD;

I lift up my voice to the LORD for mercy.

2 I pour out before him my complaint;
before him I tell my trouble.

3 When my spirit grows faint within me,
it is you who watch over my way.

In the path where I walk
people have hidden a snare for me.

4 Look and see, there is no one at my right hand;
no one is concerned for me.

I have no refuge;
no one cares for my life.

**Previous Scripture: 1 Samuel 22:1a;
1 Samuel 21:12-15; 1 Samuel 18:6-9**



I. To Come Clean With God

Psalm 142:5-7 NIV

5 I cry to you, LORD;

I say, “You are my refuge,
my portion in the land of the living.”

6 Listen to my cry,

for I am in desperate need;
rescue me from those who pursue me,
for they are too strong for me.

7 Set me free from my prison,

that I may praise your name.

Then the righteous will gather about me
because of your goodness to me.

Previous Scripture: 1 Samuel 22:1a;

1 Samuel 21:12-15; 1 Samuel 18:6-9



II. To Understand That We are Not Alone



1 Samuel 22:1b-2a NIV

When his brothers and his father's household heard about it, they went down to him there. 2 All those who were in distress or in debt or discontented gathered around him,



II. To Understand That We are Not Alone Psalm 57:1-3, 9 NIV



For the director of music. To the tune of “Do Not Destroy.” Of David. A *miktam*. When he had fled from Saul into the cave.

- 1 Have mercy on me, my God, have mercy on me,
for in you I take refuge.
I will take refuge in the shadow of your wings
until the disaster has passed.
- 2 I cry out to God Most High,
to God, who vindicates me.
- 3 He sends from heaven and saves me,
rebuking those who hotly pursue me—
God sends forth his love and his faithfulness.
- 9 I will praise you, Lord, among the nations;
I will sing of you among the peoples.

Previous Scripture: 1 Samuel 22:1b-2a;

Psalm 142; 1 Samuel 22:1a



II. To Understand That We are Not Alone Psalm 91:1-2 NIV



1 Whoever dwells in the shelter of the Most High
will rest in the shadow of the Almighty.

2 I will say of the LORD, “He is my refuge and my fortress,
my God, in whom I trust.”

Previous Scripture: Psalm 57:1-3, 9;

1 Samuel 22:1b-2a; Psalm 142



III. To Refocus Our Hearts

1 Samuel 22:2b NIV

and he became their commander. About four hundred men were with him.



III. To Refocus Our Hearts Psalm 34:1-4 NIV

Of David. When he pretended to be insane before Abimelek, who drove him away, and he left.

- 1 I will extol the LORD at all times;
his praise will always be on my lips.
- 2 I will glory in the LORD;
let the afflicted hear and rejoice.
- 3 Glorify the LORD with me;
let us exalt his name together.
- 4 I sought the LORD, and he answered me;
he delivered me from all my fears.