



Philippians 4:4-7 NIV

4 Rejoice in the Lord always. I will say it again: Rejoice! 5 Let your gentleness be evident to all.

The Lord is near. 6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.



Psalm 30:5 NIV

For his anger lasts only a moment,
but his favor lasts a lifetime;
weeping may stay for the night,
but rejoicing comes in the morning.



Psalm 30:5 KJV

For his anger endureth but a moment;
in his favour is life:

Weeping may endure for a night,
but joy cometh in the morning.



Proverbs 3:5 NIV

Trust in the LORD with all your heart
and lean not on your own understanding;

Previous Scripture: Psalm 30:5;

Philippians 4:4-7



John 16:33 NIV

“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

Previous Scripture: Proverbs 3:5;

Psalm 30:5; Philippians 4:4-7



Romans 8:28 NIV

And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

Previous Scripture: John 16:33;

Proverbs 3:5; Psalm 30:5



I. Rejoice in the Lord Always
Proverbs 12:25 NIV

Anxiety weighs down the heart,
but a kind word cheers it up.



I. Rejoice in the Lord Always Nehemiah 8:10 NIV

Nehemiah said, “Go and enjoy choice food and sweet drinks, and send some to those who have nothing prepared. This day is holy to our Lord. Do not grieve, for the joy of the LORD is your strength.”

Previous Scripture: Proverbs 12:25;

Romans 8:28; John 16:33



I. Rejoice in the Lord Always
1 Thessalonians 5:16-18 NIV

16 Rejoice always, 17 pray continually,
18 give thanks in all circumstances; for this is
God's will for you in Christ Jesus.



II. Show Your Gentleness Galatians 5:22-23 NIV

22 But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, 23 gentleness and self-control. Against such things there is no law.



II. Show Your Gentleness Zechariah 9:9 NIV

Rejoice greatly, Daughter Zion!
Shout, Daughter Jerusalem!
See, your king comes to you,
righteous and victorious,
lowly and riding on a donkey,
on a colt, the foal of a donkey.



III. Don't Be Anxious, but Pray Matthew 6:25-27 NIV

25 “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?
26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? 27 Can any one of you by worrying add a single hour to your life?



III. Don't Be Anxious, but Pray Matthew 6:28-32 NIV

28 “And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. 29 Yet I tell you that not even Solomon in all his splendor was dressed like one of these. 30 If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? 31 So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ 32 For the pagans run after all these things, and your heavenly Father knows that you need them.



III. Don't Be Anxious, but Pray Matthew 6:33-34 NIV

33 But seek first his kingdom and his righteousness, and all these things will be given to you as well. 34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.



III. Don't Be Anxious, but Pray Ephesians 5:20 NIV

always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.



III. Don't Be Anxious, but Pray Colossians 3:15-17 NIV

15 Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. 16 Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. 17 And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.

Previous Scripture: Ephesians 5:20;

Matthew 6:25-34; Zechariah 9:9



III. Don't Be Anxious, but Pray
1 Peter 5:7 NIV

Cast all your anxiety on him because he
cares for you.



IV. Receive Peace Isaiah 26:3 NIV



You will keep in perfect peace
those whose minds are steadfast,
because they trust in you.



IV. Receive Peace John 14:27 NIV



Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.



IV. Receive Peace

Romans 5:1-2 NIV

1 Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, 2 through whom we have gained access by faith into this grace in which we now stand. And we boast in the hope of the glory of God.

Previous Scripture: John 14:27;

Isaiah 26:3; 1 Peter 5:7



IV. Receive Peace

Isaiah 9:6 NIV

For to us a child is born,
to us a son is given,
and the government will be on his shoulders.

And he will be called
Wonderful Counselor, Mighty God,
Everlasting Father, Prince of Peace.

Previous Scripture: Romans 5:1-2;

John 14:27; Isaiah 26:3